The Uses of Poetry in the Fields of Addiction
D.B. Ruderman, Ph.D.
Associate Professor, English
Wednesday, Feb. 27 at 7:00 p.m.
John L. and Christine Warner Library and Student Center
Library Classroom #175

Creative arts therapy helps people with behavioral and mental health issues. Its attention to form (rhythm, sound patterning, etc.) can help to free up hidden parts of ourselves and quiet our internal critic; its narrative function opens up new ways of framing and thinking about our past as well as imagining different futures. David Ruderman, associate professor of English, facilitates poetry-writing workshops for people in recovery from drug and alcohol addiction. During this Faculty Talks Outside the Box, Ruderman will discuss his experiences as a facilitator of these workshops and connect the dots between addiction, creativity, trauma and subjectivity. Free and open to the public.

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